



Change 4 Life Action Plan Sept 2014 – July 2015

Raise the profile of sport in school.

Increased entry and participation in competitions & School Games.
 Create School Club links with other schools.
 Develop leadership for PE with pupils.
 Improving the playground experience.
 Further develop the Change4Life programme to increase pupil participation
 Increase the number of opportunities for pupils to participate in competitions within and outside of school hours (Continued entry, participation and success in KSSP competitions Inc. B teams & C teams).
 Case Study on The relationship between competitive sport and wider achievements.
 Whole school record of P.E achievements and to analyse progress.

Awards

Change for Life National Award
 Leading Aspects Award
 British Council – Internationals Schools Award
External Support & Promotion
 Create links with other schools
 Support from Parents, Governors and MPs
 Ensure coverage in Sports Newsletters

ISSUE	INIATIVE	Cost / Dates	Pupils
Apply for Awards for recognition	<ul style="list-style-type: none"> National Outstanding Award – Change4Life Leading Aspects Award British Council International School Award 	Sept 2014 April/May 2015	C4L members
Impact			
Create International School Link.	<ul style="list-style-type: none"> Through the HT make contact with Ben Thema Primary – Botswana (Africa) benthemapschool@gmail.com and Fal Academy – Ethiopia (Africa) falacademy@gmail.com as part of school to school promotion of healthy living (global links) Develop links which support each other with improving life chances. Developing pupils’ awareness of how children across the globe in third world countries also keep active and healthy. The International School Project will provide a unique learning experience for key staff, the children and their families both here and in Africa. This project could also be the pilot to future International projects for the club. Possible use of Change 4 Life material to be sent to Botswana and Ethiopia to improve and support the co-ordinator to set up a club. 	All year	C4L members

Impact			
Develop Leadership roles within the club	<ul style="list-style-type: none"> The Year 3/4 children from the previous academic year will become ACTIV8 leaders supporting the new cohort of children chosen this year. Original members to apply for their Leadership roles. Leaders will model good behaviour for new members and take responsibility for the organisation of the club reporting back to the Club Leader. Leaders will consult with the Club Leader regarding the recruitment of new members. Year 5/6 members will be trained as Change 4 Life Champions (new YST Initiative) 	Rolling Program	Year 4/5
Impact		Rolling Program	Year 5/6
Identified 13 children from Years 3-6 who meet the needs of the new focus groups.	<ul style="list-style-type: none"> To further embed Change 4 Life Sports Clubs within school to maximise the impact on achievement, attainment and healthy and active lifestyles. Identify pupils with low attendance and check that this is not related to absence from sport – if so, identify pupils with low attendance and increase confidence through being involved in the C4L Club. 	Rolling Program	Key Stage 2
Impact			
Identify and support overweight children. (10 children identified)	<ul style="list-style-type: none"> Contact the Team Leader - NHS Children's Weight Management Programme for advice on implementing this in school. Devise a programme of fitness for identified pupils in conjunction with parents. Share data with parents and devise a programme for pupils 	April 2015	Years 2-6
Impact			
Food / Kitchen Healthy Eating	<ul style="list-style-type: none"> Introduce cookery sessions using the school's brand new cooking facilities. Families will complete healthy eating challenges at home as well as share their favourite recipes with the group to create their own Change 4 Life Cookery Book 	Every half-term Cost of ingredients	C4L members
Impact			
Create opportunities for a child from Activ8 to be on the School Sports Council	<ul style="list-style-type: none"> Equal representation for pupils to be part of the School Council. Raise confidence of pupils 	Rolling Program	Key Stage 2
Impact			

School to school link	<ul style="list-style-type: none"> Through the PE Sports Primary Strategy – HT to invite other schools to see model practice. Invite other school councils to meet the Activ8 club. Club Leaders new role as a C4L Healthy Lifestyle Coach will create opportunities for schools in the Kingsbury Partnership to develop their own clubs. 	Ongoing from December 2014	All members KS1-KS3 (External pupils)
Impact			
SEND pupils to attend SEND Athletics competitions	<ul style="list-style-type: none"> Increase the participation of SEND pupils to be involved in all aspects of sport. Create links with Wilson Stuart School Partnership. 	Half-termly Cost of taxis/minibus	All pupils KS1 / KS2
Impact			
Devise a policy on Change 4 Life and how this to be embedded across school with support from all staff	<ul style="list-style-type: none"> Create whole school policy on raising pupils’ participation through Change4Life Clubs. Include within policy – an awareness from teachers to follow attendance trends linked to P.E, pupils whose obesity levels are high or low weight. Raise girls participation in sport. Increase pupils from EMG participation in sport from Pakistani/Indian/African backgrounds. 		
Impact			
Increase Participation from disadvantage pupils (FSM)	<ul style="list-style-type: none"> Ensure that opportunities are created for Pupil Premium children to be actively part of the Activ8 Club. 	Rolling Program	Key Stage 2
Impact			
Involve Parent, Governors and local MP support as support for clubs.	<ul style="list-style-type: none"> Promote the club with support from Governors. Continue to gain support from parents and invite parents to attend every week. Gain support from Local MP as encouragement. Create fundraising opportunities to benefit Featherstone and our International Schools?? 	Weekly / Half-termly	All members