

Character Education Skills Ladders: Self-belief



6

Year Six know how to Aspire, Believe and Succeed, but, maybe because of this, they are sometimes their own worst critics and too hard on themselves. However, Year Six know strategies to cope with this negativity, for example: "Don't let bad opinions become your reality." Year Six leave Featherstone having the self-belief ready for Year Seven.

5

Year Five know self-belief as "having confidence in their own abilities or judgements." Year Five try not to let others get their confidence down. They do this by understanding why others might want to de-motivate them. Year Five know the meaning of "kill them with kindness" if others are trying to knock their self-belief.

4

Year Four trust themselves and understand what a "gut instinct" is. They have faith in themselves when showing self-belief. Year Four children know that some people might knock their self-belief but there are people in school to help, for example, Place2Be. Year Four know how to "Aspire" to "Believe" to then "Succeed" great things.

3

Year Three are determined children and believe in themselves. They motivate and encourage others to believe in themselves too, for example, helping someone else with their work or when trying something new for the first time.

2

Year Two know that good feelings = wanting to do something (having more motivation). They know that being motivated helps them to achieve more. Year Two link the school motto "Believe" to "Succeed" to help in lessons, for example, don't doubt themselves if work is hard.

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Year One know that 'Believe' is in our school motto. They show self-belief as having a 'can do' attitude and by spreading positive vibes like smiling, sharing and helping. They know that their positive vibes helps them as well as others.

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Reception children know self-belief as "believing in themselves." Reception want to try new things and give things a go without getting upset if things don't work out. With some support, Reception children try again if things go wrong.