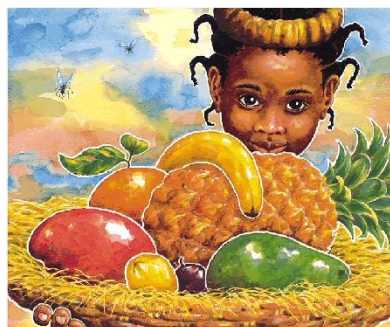
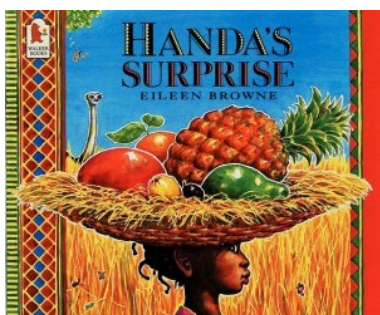


This week's story is "Handa's Surprise" by Eileen Browne



This week's topic is all about being healthy! In this week's story, Handa takes lots of healthy fruit as a gift to her friend Akeyo.

What is your favourite fruit snack?



This week's activities are:

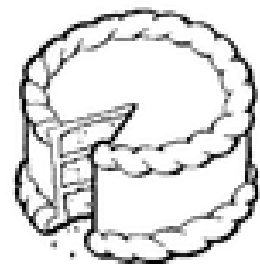
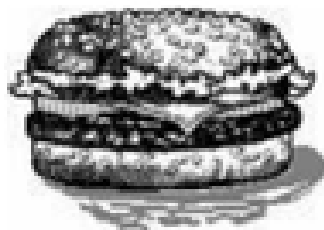
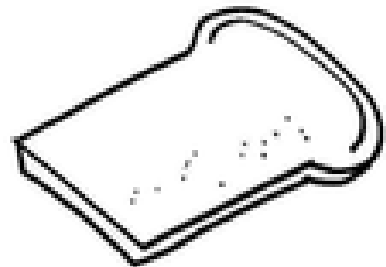
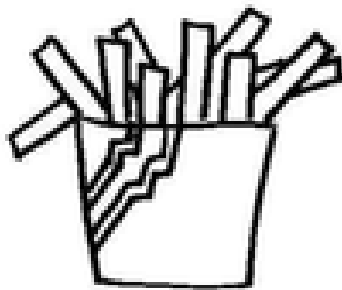
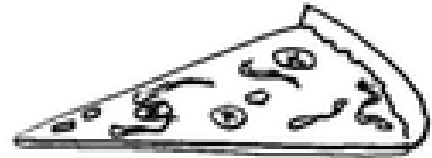
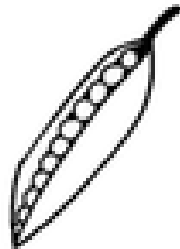
- ⇒ Sorting healthy and unhealthy foods (Page 2)
- ⇒ Magic beans exercise challenge (Page 3)
- ⇒ Fruit and vegetable printing (Page 4)
- ⇒ Creating healthy, edible art (Page 4)



Remember you can share your learning on our Twitter page-
[@FeatherstoneEYFS1](https://twitter.com/FeatherstoneEYFS1)

EYFS Topic Activity 2 - Sorting healthy and unhealthy food

Circle and colour **only** the **healthy** foods.



EYFS Topic Activity 2- Magic beans exercise challenge!

An important part of being healthy is not just eating a balanced diet but also staying fit and active! Challenge a member of your family to take part in this magic bean exercise challenge below:



JUMPING BEAN		Jump
RUNNER BEAN		Running on the spot
BROAD BEAN		Walk around the room taking as large strides as possible
BAKED BEAN		Lay on the floor in a star shape until the next command is given.
JELLY BEAN		Wobble like a jelly
CHILLI BEAN		Shiver and shake
FROZEN BEAN		FREEZE!! (Stand still)
MAGIC BEAN		Choose your own way to move

EYFS Topic Activity 3- Fruit and vegetable printing



Can you create a piece of artwork by dipping **fruits and vegetables** into paint and stamp/print them onto paper in random or ordered patterns.

EYFS Topic Activity 4- Creating healthy, edible art



Make a healthy snack with a grown up but present it in a creative way! We would love to see your creations so take a photo and upload it to our class twitter page.

[@FeatherstoneEYFS1](https://twitter.com/FeatherstoneEYFS1)

