

Looking back and thinking ahead

W/C: 13th July 2020



This week we are going to focus on the time we have spent in school, the time we have spent at home with our families and also the future ahead of us, looking forward to joining our new class and teacher in September.

Subject: Healthy Mind Healthy Body

Activity Outcome: To create a time capsule

Explain: You are going to create a time capsule to highlight the things you have been doing at home.

A template has been given to you on the following page. Be as creative as you like in the spaces provided. You can use photos, paintings, drawings, anything to illustrate the skills you have learnt and the activities you have enjoyed. If you wish to you can add more pages to your time capsule with more pictures and more learning that you have done!

Subject: Healthy Mind Healthy Body

Activity Outcome: To write a letter to your future self

Explain: Think about what you would like to achieve and experience in the next year. You are going to write a letter to your future self that you can open on this date next year. I have given you a few questions to think about to help you write your letter. The template is on page 3.

- What skills would you like to improve in year 4?
- Which subjects are you looking forward to in year 4?
- Is there anywhere you would like to visit whilst in year 4?
- Is there anything you would like to do in the next year that is not school related? Perhaps something you want to do with your family?

Subject: Art

Activity Outcome: Sketch a picture of yourself

Explain: You are going to sketch a picture of yourself. Draw yourself as you see yourself today. Use a current picture that you have to copy. There is a video below to help you sketch a self portrait.

<https://www.youtube.com/watch?v=-c3L90nsesw>

Subject: PE

Activity Outcome: Create an obstacle course and set yourself a target

Explain: Use household objects to create an obstacle course in your house/garden/outdoor space. Try and use a range of skills within your obstacle course for example throwing, running, kicking etc. Set your self a target, can you complete the course in a set time, 30 seconds, 1 minute? I would love to see these on our twitter page! Use the videos below to give you some ideas.

<https://www.youtube.com/watch?v=4fkIXkzPcc>

<https://www.youtube.com/watch?v=hNgrJ-qKfVE>

My 2020 Time Capsule

Here is a picture of my family:



During my time at home I have enjoyed:

During my time at home I have learnt new skills:

Letter to My Future Self

Write a letter to your future self and draw a picture of yourself in the box. Open it at the end of the year and see if anything has changed.

Date _____

Dear _____

