

**Fighting Fit Comprehension Part 1**

**Section A**

1. When was this blog written?

**Section B**

2. What does the capital letter used for the word 'Games' tell you about that word?

3. Who is Gavin Ford?

4. What was Gavin's old job?

5. 'Fighting fit' is a phrase people use to describe someone who is very fit. Why is it also a good name for this blog?