

Please see menu and key below for all Allergen information



# YOUR MENU Week ONE

**Week commencing:** 30/02/22, 21/03/22,  
11/04/22, 02/05/22, 23/05/22,  
13/06/22, 04/07/22

Monday	Tuesday	Wednesday	Thursday	Friday
FISH FINGERS, <i>Allergen - 2 &amp; 5</i> or TOMATO PASTA <i>Allergen - 2,</i>	JERK CHICKEN or SPRING ROLL <i>Allergen - 2 &amp; 13</i>	ROAST CHICKEN <i>HALAL &amp; NON HALAL</i> <i>Allergen - 15</i> ROAST QUORN <i>Allergen - 4 &amp; 7</i> or SAMOSAS <i>Allergen - 2 &amp; 15</i>	MAGRITA PIZZA <i>Allergen - 2, 4, 7 &amp; 15</i> or FISH AND SPRING ROLLS <i>Allergen - 2, 5 &amp; 13</i>	VARIETY OF SANDWICHES <i>Allergen - 2,4,5,7 &amp;13</i> or VEGETABLE SAMOSA <i>Allergen - 2</i>
POTATO WEDGES <i>Allergen - 2</i> VEGETABLES GARLIC BREAD <i>Allergen 2, 7 &amp; 12</i>	RICE AND MIXED VEGETABLES	YORKSHIRE PUDDING <i>Allergen - 2, 4 &amp; 7</i> MIXED VEGETABLES	CHIPS, SWEETCORN, BAKED BEANS <i>Allergen - 15</i>	POMMES AND CARROT <i>Allergen -7</i>

Daily Selection of Fresh Seasonal Salad and Fresh Bread - *Allergen- 2*

FLAVOURED MOUSSE <i>Allergen - 7</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	JELLY or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	CHOCOLATE SPONGE <i>Allergen - 2, 4, 7 &amp; 13</i> CUSTARD <i>Allergen - 7</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	ICE CREAM <i>Allergen - 7</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	Cookies <i>Allergen - 2,4 &amp; 13</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>
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**ALLERGEN KEY**



1-Celery



2 - WHEAT



4-EGGS



5-FISH



7-MILK



9-MUSTARD



12-SESAME SEEDS



13-SOYA



14-SULPHURE DIOXIDE



15-Tomato

Please see menu and key below for all Allergen information

**Week commencing:** 07/03/22, 28/03/22,  
1803/22, 09/05/22, 30/05/22,  
20/06/22, 11/07/22

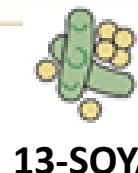
**CITY KITCHEN** YOUR **MENU** Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
CHEESE PASTY <i>Allergen - 2 &amp; 7</i> or BUBBLE FISH <i>Allergen - 5</i>	FISH FINGERS <i>Allergen - 2 &amp; 5</i> or JACKET POTATO <i>Allergen - 7</i>	CHICKEN ROAST, <i>HALAL &amp; NON HALAL</i> <i>Allergen - 15</i> QUORN ROAST, <i>Allergen - 4 &amp; 7</i> or VEGETABLE SAMOSA <i>Allergen - 2</i>	MARGARITA PIZZA <i>Allergen - 2, 7 &amp; 15</i> or FISH FINGERS <i>Allergen 2 &amp; 5</i> or VEGETABLE SAMOSA <i>Allergen - 2</i>	VARIETY OF SANDWICHES <i>Allergen - 2,4,5,7 &amp; 13</i> or SPRING ROLLS <i>Allergen - 2 &amp; 15</i>
DICED POTATO <i>Allergen - 2</i> MIXED VEGETABLES	Beans <i>Allergen - 15</i> CHIPS SLICED CARROTS	YORKSHIRE PUDDING, <i>Allergen - 2,4 &amp; 7</i> MIXED VEGETABLES, ROAST POTATO	CHIPS, BAKED BEANS, <i>Allergen - 15</i> PEAS	POTATO WEDGES <i>Allergen - 2</i> MIXED VEGETABLES

Daily Selection of Fresh Seasonal Salad and Fresh Bread - *Allergen- 2*

CHOCOLATE CRUNCH <i>Allergen- 2 &amp; 14</i> CUSTARD <i>Allergen - 7</i> Or Fresh Fruit Or Fruit Yogurt <i>Allergen - 7</i>	APPLE CRUMBLE <i>Allergen - 2</i> CUSTARD <i>Allergen - 7</i> Or Fresh Fruit Or Fruit Yogurt <i>Allergen - 7</i>	CHOCOLATE CRACKNELL <i>Allergen - 2</i> CUSTARD <i>Allergen - 7</i> Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	ICE CREAM <i>Allergen - 7</i> Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	STRAWBERRY JELLY Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>
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**ALLERGEN KEY**



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**Week commencing:** 14/03/22, 04/04/22  
25/04/22, 16/05/22, 06/06/22,  
27/06/22, 18/07/22

**CITY KITCHEN** YOUR **MENU** Week **THREE**

Monday	Tuesday	Wednesday	Thursday	Friday
NON HALAL CHICKEN NUGGETS <i>Allergen - 2</i> or HALAL CHICKEN NUGGETS <i>Allergen - 1,2,4 &amp; 14</i> or Vegetable Nuggets <i>Allergen - 2</i>	TUNA PASTA <i>Allergen - 2,5 &amp; 7</i> or JACKET POTATO WITH CHEESE <i>Allergen - 7</i>	CHICKEN ROAST, HALAL & NON HALAL <i>Allergen - 15</i> or QUORN ROAST <i>Allergen - 4 &amp; 7</i> or SAMOSAS <i>Allergen - 2 &amp; 15</i>	MARGARITA PIZZA, <i>Allergen - 2,7 &amp; 15</i> or BAKED FISH, <i>Allergen - 2 &amp; 5</i>	LAMB BURGER & BAP HALAL <i>Allergen - 2,7,12,13&amp;14</i> NON HALAL <i>Allergen - 2&amp;12</i> or QUORN BURGER & BAP <i>Allergen - 2,4,7 &amp; 12</i> or CHEESE ROLL <i>Allergen - 2&amp; 7</i>
MIXED VEGETABLES  POMMES <i>Allergen - 7</i>	MIXED VEGETABLES,  GARLIC BREAD <i>ALLERGEN - 2,7 &amp; 12</i>	YORKSHIRE PUDDING, <i>Allergen - 2, 4 &amp; 7</i>  MIXED VEGETABLES,  ROAST POTATOES	CHIPS,  BAKED BEANS, <i>Allergen - 15</i>  SWEETCORN	MIXED VEGETABLES,  DICED POTATO <i>Allergen - 2</i>

Daily Selection of Fresh Seasonal Salad and Fresh Bread – *Allergen-2*

FLAPJACK <i>Allergen - 2</i> or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	JELLY or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	FRUIT SPONGE & CUSTARD <i>Allergen - 2,4,7&amp;13</i> or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	ICE CREAM <i>Allergen-7</i> or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	CHOCOLATE MUFFINS <i>Allergen - 2, 4, 7 &amp; 13</i> or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>
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