

Please see menu and key below for all Allergen information

Week commencing: 5/9/22, 26/9/22,
17/10/22, 7/11/22, 28/11/22,
19/12/22

CITY KITCHEN YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
FISH FINGERS, <i>Allergen - 2 & 5</i> or CHEESE ROLL <i>Allergen - 2 & 7</i>	JACKET POTATO with cheese or baked beans <i>Allergen - cheese 7 / baked beans 15 / coleslaw 4,7,9</i>	ROAST CHICKEN <i>HALAL & NON HALAL</i> <i>Allergen - 15</i> ROAST QUORN <i>Allergen - 4 & 7</i> or SAMOSAS <i>Allergen - 2 & 15</i>	MAGARITA PIZZA <i>Allergen - 2, 4, 7 & 15</i> or FISH AND SPRING ROLLS <i>Allergen - 2, 5 & 13</i>	LAMB BURGER & BAP <i>HALAL Allergen - 2,7,12,13&14</i> <i>NON HALAL Allergen - 2&12</i> or QUORN BURGER & BAP <i>Allergen - 2,4,7 & 12</i> FISH BURGER <i>Allergen - 2 & 5</i>
CHIPS AND MIXED VEGETABLES	RICE AND MIXED VEGETABLES	YORKSHIRE PUDDING <i>Allergen - 2, 4 & 7</i> MIXED VEGETABLES ROAST POTATOES	CHIPS, SWEETCORN, BAKED BEANS <i>Allergen - 15</i>	DUCHESS POTATO MIXED VEGETABLES

Daily Selection of Fresh Seasonal Salad and Fresh Bread - *Allergen-2*

EGGLESS CHOCOLATE CRUNCH <i>Allergen - 2 & 7</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	ORANGE SPONGE CAKE WITH CUSTARD <i>Allergen - 2,4,7 & 13</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	CHOCOLATE MUFFIN <i>Allergen - 2, 4, 7 & 13</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	ICE CREAM <i>Allergen - 7</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>	<i>STRAWBERRY JELLY</i> or Fresh Fruit or Fruit Yoghurts <i>Allergen - 7</i>
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ALLERGEN KEY



1-Celery



2 - WHEAT



4-EGGS



5-FISH



7-MILK



9-MUSTARD



12-SESAME
SEEDS



13-SOYA



14-SULPHURE
DIOXIDE



15-Tomato

Please see menu and key below for all Allergen information

Week commencing : 12/9/22,
3/10/22, 24/10/22, 14/11/22,
5/12/22

CITY KITCHEN YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
PORK SAUSAGE or QUORN SAUSAGE <i>Allergen - 2, 4 & 7</i>	BOLOGNESE HALAL & NON HALAL <i>Allergen - 15</i>	CHICKEN ROAST, HALAL & NON HALAL <i>Allergen - 15</i> QUORN ROAST, <i>Allergen - 4 & 7</i> or VEGETABLE SAMOSA <i>Allergen - 2</i>	MARGARITA PIZZA <i>Allergen - 2, 7 & 15</i> or FISH FINGERS <i>Allergen 2 & 5</i>	GRILLED FISH <i>Allergen - 2 & 5</i> VEGGIE PASTA <i>Allergen - 2 & 15</i> SPRING ROLL <i>Allergen - 2 & 13</i>
POMMES <i>Allergen - 2</i> MIXED VEGETABLES	SPAGETTI <i>Allergen - 2</i> , MIXED VEGETABLES OR RICE	YORKSHIRE PUDDING, <i>Allergen - 2,4 & 7</i> MIXED VEGETABLES, ROAST POTATO	CHIPS, BAKED BEANS, <i>Allergen - 15</i> SWEETCORN	DICED POTATO <i>Allergen - 2</i> MIXED VEGETABLES

Daily Selection of Fresh Seasonal Salad and Fresh Bread - *Allergen- 2*

<i>FLAPJACK</i> <i>Allergen - 7</i> Or Fresh Fruit Or Fruit Yogurt <i>Allergen - 7</i>	STRAWBERRY JELLY Or Fresh Fruit Or Fruit Yogurt <i>Allergen - 7</i>	CHOCOLATE CRACKNELL <i>Allergen - 2</i> CUSTARD <i>Allergen - 7</i> Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	ICE CREAM <i>Allergen - 7</i> Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>	HOME MADE COOKIES <i>Allergen -2,4& 13</i> Or Fresh Fruit or Fruit Yogurt <i>Allergen - 7</i>
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ALLERGEN KEY



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Week commencing: 19/9/22,
10/10/22, 31/10/22, 21/11/22,
12/12/22

CITY KITCHEN YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CHICKEN NUGGETS HALAL – Allergen 2 NON HALAL – Allergen 1,2,4 & 14 VEGETABLE NUGGETS Allergen -2</p>	<p>TUNA PASTA Allergen – 2,5 & 7 or SAMOSAS</p>	<p>CHICKEN ROAST, HALAL & NON HALAL Allergen - 15 or QUORN ROAST Allergen – 4 & 7 or SAMOSAS Allergen - 2 & 15</p>	<p>MARGARITA PIZZA, Allergen – 2,7 & 15 or BAKED FISH, Allergen – 2 & 5</p>	<p>LAMB BURGER & BAP HALAL Allergen – 2,7,12,13&14 NON HALAL Allergen – 2&12 or QUORN BURGER & BAP Allergen – 2,4,7 & 12</p>
<p>MIXED VEGETABLES CHIPS Allergen - 7</p>	<p>CARROTS GARLIC BREAD ALLERGEN – 2,7 & 12</p>	<p>YORKSHIRE PUDDING, Allergen – 2, 4 & 7 MIXED VEGETABLES, ROAST POTATOES</p>	<p>CHIPS, BAKED BEANS, Allergen – 15 SWEETCORN</p>	<p>MIXED VEGETABLES, DICED POTATO Allergen - 2</p>

Daily Selection of Fresh Seasonal Salad and Fresh Bread – **Allergen-2**

<p>CHOCOLATE SPONGE Allergen – 2, 4, 7 & 13 or Fresh Fruit or Fruit Yogurt Allergen – 7</p>	<p>FRUIT SPONGE WITH CUSTARD Allergen 2,4,7 & 13 or Fresh Fruit or Fruit Yogurt Allergen – 7</p>	<p>JELLY or Fresh Fruit or Fruit Yogurt Allergen – 7</p>	<p>ICE CREAM Allergen- 7 or Fresh Fruit or Fruit Yogurt Allergen – 7</p>	<p>ASSORTED MUFFINS Allergen – 2, 4, 7 & 13 or Fresh Fruit or Fruit Yogurt Allergen – 7</p>
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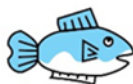
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